



Spelthorne Parkies Support Group

Dates for the Diary!

For further information about the Group, please contact Jason Lane on 07793 351208 or email spelthorneparkies@outlook.com

Nov-24				
Day	Date	Activity	Time	Location
Friday	01-Nov	Fitness Session (With Michelle)	19:00	Eclipse Leisure Centre, Knowle Green, Staines TW18 1AJ
Tuesday	05-Nov	Fitness Session (With Rory)	11:30	The Thames Club, Wheatsheaf Lane, Staines TW18 2PD
Wednesday	06-Nov	Pilates (Chaired based) with Michelle**	13:00 (new time)	Eclipse Leisure Centre, Knowle Green, Staines TW18 1AJ
Thursday	07-Nov	Parkies Pub Gathering	18:00	Hazel Wood Centre, Hazelwood Drive, TW16 6QU (London Irish Club)
Saturday	09-Nov	Move to Music	14:00	Eclipse Leisure Centre, Knowle Green, Staines TW18 1AJ
Wednesday	13-Nov	Pilates (Chaired based) with Michelle**	13:00 (new time)	Eclipse Leisure Centre, Knowle Green, Staines TW18 1AJ
Friday	15-Nov	Fitness Session (With Michelle)	19:00	Eclipse Leisure Centre, Knowle Green, Staines TW18 1AJ
Saturday	16-Nov	Parkies Coffee Morning	11:00 - 12:30	Notcutts Café Garden Centre, Staines Road, Laleham, TW18 2SF
Tuesday	19-Nov	Fitness Session (With Rory)	11:30	The Thames Club, Wheatsheaf Lane, Staines TW18 2PD
Wednesday	20-Nov	Pilates (Chaired based) with Michelle**	13:00 (new time)	Eclipse Leisure Centre, Knowle Green, Staines TW18 1AJ
Wednesday	27-Nov	Pilates (Chaired based) with Michelle**	13:00 (new time)	Eclipse Leisure Centre, Knowle Green, Staines TW18 1AJ
Friday	29-Nov	Fitness Session (With Michelle)	19:00	Eclipse Leisure Centre, Knowle Green, Staines TW18 1AJ

Dec-24				
Day	Date	Activity	Time	Location
Tuesday	03-Dec	Fitness Session (With Rory)	11:30	The Thames Club, Wheatsheaf Lane, Staines TW18 2PD

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Wednesday	04-Dec	Pilates (Chaired based) with Michelle**	13:00 (new time)	Eclipse Leisure Centre, Knowle Green, Staines TW18 1AJ
Thursday	05-Dec	Christmas Meal (Limited Places – Must be booked)	14:00 - 17:00	Italian Concept, Skyes Meadow Windsor Road, Egham TW20 0AE
Saturday	07-Dec	Move to Music	14:00	Eclipse Leisure Centre, Knowle Green, Staines TW18 1AJ
Wednesday	11-Dec	Pilates (Chaired based) with Michelle**	13:00 (new time)	Eclipse Leisure Centre, Knowle Green, Staines TW18 1AJ
Friday	13-Dec	Fitness Session (With Michelle)	19:00	Eclipse Leisure Centre, Knowle Green, Staines TW18 1AJ
Wednesday	11-Dec	Pilates (Chaired based) with Michelle**	13:00 (new time)	Eclipse Leisure Centre, Knowle Green, Staines TW18 1AJ
Saturday	21-Dec	Parkies Coffee Morning	11:00 - 12:30	Notcutts Café Garden Centre, Staines Road, Laleham, TW18 2SF

** A small entrance fee may be applicable at Reception of the Eclipse Leisure Centre

NEW EGHAM SINGERS

CHRISTMAS CONCERT

SATURDAY 7TH DECEMBER 7.30PM
ST JOHN'S CHURCH, EGHAM

FEATURING CHRISTMAS CLASSICS SUCH AS 'SILENT NIGHT' AND 'JOY TO THE WORLD', AS WELL AS FESTIVE POPULAR SONGS INCLUDING 'DO YOU HEAR WHAT I HEAR' AND 'LITTLE JACK FROST'.
SEASONAL REFRESHMENTS.

IN AID OF

Spelthorne Parkies Support Group

TICKETS £14 (UNDER 12S £7)
WWW.TICKETSOURCE.CO.UK/
NEW-EGHAM-SINGERS

EGHAM & DISTRICT CHORAL SOCIETY
REGISTERED CHARITY NO. 277588

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